

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 CHICKEN ALFREDO OR: CREAMY ALFREDO PASTA WITH: CELERY STICKS W/ RANCH DIP STEAMED PEAS MANDARIN ORANGES</p>	<p>4 FIESTA CHICKEN TACO OR: BEAN & CHEESE BURRITO WITH: CHEDDAR CHEESE SHREDDED LETTUCE BLACK BEANS SALSA WITH TORTILLA CHIPS DICED PINEAPPLE</p> 	<p>5 CHEESE PIZZA DIPPERS WITH: MARINARA SAUCE ROMAINE SALAD W/CEASAR DRESSING STRAWBERRY APPLE SAUCE</p>	<p>6 TURKEY BURGER OR: GARDENBURGER WITH: CELERY STICKS W/ RANCH DIP POTATO WEDGES DICED PEARS</p>	<p>7</p> <div style="background-color: yellow; text-align: center; padding: 10px;"> <p>Virtual Day</p> </div>
<p>10 CREAMY PARMESAN CHICKEN AND RICE OR: CREAMY PARMESAN TOFU & RICE WITH: STEAMED PEAS BABY CARROTS W/ RANCH DIP DICED PEACHES</p>	<p>11 MACHO BEEF NACHOS OR: BEAN & CHEESE NACHOS WITH: SALSA WITH TORTILLA CHIPS STEAMED GREEN BEANS DICED PEARS</p> 	<p>12 CHICKEN CORN DOG OR: VEGETARIAN NUGGETS WITH: STEAMED CORN ROMAINE SALAD W/ RANCH DRESSING TROPICAL FRUIT SALAD</p>	<p>13 BBQ PULLED CHICKEN SANDWICH OR: GARDEN BURGER WITH: BAKED BEANS CELERY STICKS W/ RANCH DIP FUJI APPLE</p>	<p>14 PIZZA MILK, WHEAT, SOY SALAD NONE VINEGARETTE SOY FRUIT SALAD NONE</p>
<p>17 HOMESTYLE BEEF CHILI OR: BEAN CHILI WITH: OYSTER CRACKERS SHREDDED CHEDDAR CHEESE MIXED VEGETABLES STEAMED PEAS MANDARIN ORANGES</p>	<p>18 FIESTA CHICKEN TACO OR: BEAN & CHEESE BURRITO WITH: CHEDDAR CHEESE SHREDDED LETTUCE PINTO BEANS SALSA WITH TORTILLA CHIPS DICED PEACHES</p> 	<p>19 <u>IT'S A THANKSGIVING FEAST!</u> ROASTED SLICED TURKEY BREAST WITH GRAVY OR: VEGETABLE PATTY WITH GRAVY WITH: FRESH BAKED ROLL CREAMY MASHED POTATOES GREEN BEANS SPICED APPLES</p> 	<p>20 CHICKEN TENDERS WITH MAC & CHEESE OR: MAC & CHEESE WITH: STEAMED CARROTS GARDEN SALAD W/ITALIAN DRESSING FRESH RED GRAPES</p>	<p>21 PIZZA MILK, WHEAT, SOY SALAD NONE ITALIAN EGG, MILK FRUIT SALAD NONE</p>



Thanksgiving Break
No School

November



ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

This institution is an equal opportunity provider.

V = Vegetarian Entrée

Milk is Included with All Meals
 Choose 1% White or Fat Free Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN ALFREDO WHEAT, MILK, SOY CELERY STICKS RANCH PEAS ORANGES ALFREDO PASTA MILK, WHEAT	4 CHICKEN TACO WHEAT CHEDDAR CHEESE SHREDDED LETTUCE BLACK BEANS SALSA TORTILLA CHIPS PINEAPPLE BEAN & CHEESE BURRITO SOY, WHEAT, MILK	5 CHEESE PIZZA DIPPERS WHEAT, EGG, SOY, MILK SAUCE SALAD CEASAR APPLE SAUCE EGG, MILK, FISH	6 TURKEY BURGER SOY BUN CELERY STICKS RANCH POTATO WEDGES PEARS GARDENBURGER SOY, WHEAT, MILK	7 Virtual Day
10 CREAMY PARMESAN CHICKEN AND RICE MILK, SOY PEAS CARROTS RANCH PEACHES CREAMY PARMESAN TOFU & RICE SOY, MILK	11 MACHO BEEF NACHOS MILK SALSA TORTILLA CHIPS GREEN BEANS PEARS BEAN & CHEESE NACHOS SOY, WHEAT, MILK	12 CHICKEN CORN DOG SOY, WHEAT, MILK, EGG CORN SALAD RANCH FRUIT SALAD VEGETARIAN NUGGETS WHEAT, SOY, EGGS	13 PULLED CHICKEN SANDWICH WHEAT, SOY BUN CELERY STICKS RANCH BAKED BEANS APPLE GARDENBURGER SOY, WHEAT, MILK	14 PIZZA MILK, WHEAT, SOY SALAD VINEGARETTE FRUIT SALAD NONE SOY NONE
17 BEEF CHILI NONE OYSTER CRACKERS CHEESE VEGETABLES PEAS ORANGES BEAN CHILI WHEAT MILK NONE NONE NONE NONE	18 CHICKEN TACO WHEAT CHEDDAR CHEESE SHREDDED LETTUCE PINTO BEANS SALSA TORTILLA CHIPS PEACHES BEAN & CHEESE BURRITO SOY, WHEAT, MILK	19 TURKEY WITH GRAVY WHEAT, SOY BAKED ROLL MASHED POTATOES GREEN BEANS APPLES VEGETABLE PATTY WITH GRAVY WHEAT, MILK, SOY	20 CHICKEN TENDERS WHEAT, SOY MAC & CHEESE WHEAT, MILK CARROTS SALAD ITALIAN GRAPES NONE NONE NONE NONE	21 PIZZA MILK, WHEAT, SOY SALAD ITALIAN FRUIT SALAD NONE EGG, MILK NONE



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****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including **eggs, soy product, wheat, and milk.**

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.